



Fact Sheet

2005

Student Health Services Texas A&M University

Resources for Students with Eating Disorders

Information and Referral ♦ Counseling ♦ Programs ♦ Organizations/Websites

Information

The following departments have information and resource guides for you or a friend.

TAMU Student Health Services

- A.P. Beutel Health Center Appointments (458-8250 or 458-8251)
 - Health Care Practitioners provide physical assessment and referrals for students with an eating disorder.
- Dial-A-Nurse – Available 24 hours a day, 7 days a week (458-8379)
 - can make appointments for the next day
- Health Education (458-8322)
 - A resource library containing books, brochures, videos, articles, journals, directories of community resources, educational programs, and referrals are available to students.

TAMU Student Counseling Services (SCS)

- Henderson Hall (845-4427)
 - SCS offers free group and individual counseling by appointment and provides referral information for specialized services.
- Student Counseling Helpline (845-2700)
 - The Helpline is available after 4pm M-F and 24 hours a day on the weekends and provides information, support, referrals, and crisis intervention by phone.

TAMU Psychology Clinic

- Psychology Department (845-8017)
 - Provides individual counseling and group treatment by appointment for students with bulimia or binge eating. Cost for treatment is on a sliding fee scale based on income.

Referrals

The treatment of eating disorders is a complex issue that may lead to longer term treatment. Referrals can be made through the TAMU Student Counseling Services or the TAMU Psychology Department Clinic.

Counseling

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Educational Programs

TAMU Student Health Services

- Health Education (458-8322)
 - Educational programs that can be tailored to your specific needs.
- Aggie REACH (458-8322)
 - Aggie Representatives Educating About College Health is a student organization which provides health education programs to students.

TAMU Student Counseling Services

- Henderson Hall (845-4427)
 - Provides programs upon request.

National Organizations

Anorexia/Bulimia Hotline

Seattle, WA 98101
(800) 873-8732
www.NationalEatingDisorders.org

National Association of Anorexia Nervosa and
Associated Disorders
PO Box 7
Highland Park, IL 60035
www.anad.org

Eating Disorders Referral & Information Center
2923 Sandy Pointe Suite 6
Del Mar, CA 92014-2052
www.edreferral.com

Anorexia Nervosa and Related Eating
Disorders
P.O. Box 5102
Eugene, Oregon 97405
www.anred.com

Websites
Eating Disorders - Mirror, Mirror
(510) 344-1144
www.mirror-mirror.org/eatdis.htm

Academy for Eating Disorders
6728 Old McLean Village Drive
McLean, VA 22101
www.aedweb.org

Something Fishy
www.something-fishy.com
(703) 556-9222
Eating Disorders Resources
www.gurze.com

National Eating Disorders Association
603 Stewart Street, Suite 803

National Center for Overcoming Overeating
www.o.c.o.o.eating.com
(206) 382-0587
Toll-free (800) 931-2237