



## Fact Sheet

Student Health Services, Texas A&M University

### Sex & Alcohol: A Dangerous Mix

Information provided by the Texas Association Against Sexual Assault  
[www.taasa.org](http://www.taasa.org)

#### Students...

- ✦ 400,000 full time students nationwide may have had unprotected sex as a result of drinking.
- ✦ More than 70,000 students between 18-24 years old are victims of alcohol-related sexual assault
- ✦ 100,000 students between 18-24 years old report having been too intoxicated to know if they consented to having sex
- ✦ Many unwanted pregnancies occur when partners are too intoxicated and fail to use contraceptives.
- ✦ Women are twice as likely as men to engage in sexual activity and to abandon safer sex activities as a result of alcohol consumption.

#### Alcohol and Sexual Assault...

- ✦ Binge drinkers are 3 times more likely to experience unwanted sexual intercourse than non-binge drinkers.
- ✦ More than ½ of the male students who admitted to committing a sexual assault said they had been drinking or using other drugs before the crime.
- ✦ Alcohol is involved in 90% of date rapes.

**In a survey of college men, 35 percent anonymously admitted they would commit date rape if they knew they could get away with it.**

#### Prevention of...

##### *Sexual assault*

- ✦ Decide early if you would like to have sex. Do not give mixed messages; be clear.
- ✦ If you are getting mixed signals from your partner, speak up and clarify what he/she wants.
- ✦ Do not assume your partners desire for affection is the same as his/her desire for sex.
- ✦ Be sensitive to people who are unsure whether they want to have sex.

The fact that you were intoxicated is not legal defense for rape. You are responsible for your actions.

##### *Regretted Sex*

- ✦ Monitor alcohol consumption closely
- ✦ Use the buddy system
- ✦ Examine your feelings about sex and set limits.
- ✦ Be assertive and firm.
- ✦ Be aware that alcohol and drugs can alter your judgment.

## **Sexual Assault Resources**

### ***Emergency/Police/Ambulance***

Emergency On Campus - 9-911  
Emergency Off Campus - 911

### ***Local Police Departments***

University Police Department - 845-2345  
Brazos County Sheriff's Office - 361-4000  
College Station Police Department -764-3600  
Bryan Police Department - 361-3888

### ***Brazos Valley Rape Crisis Center***

<http://www.rapecrisisbv.org>  
731-1000

### ***Women's Resource Center***

147 MSC  
<http://studentaffairs.tamu.edu/womensresourcecenter/>  
845-8784

### ***Student Health Services***

A.P. Beutel Health Center  
<http://shs.tamu.edu>  
458-8250 or 458-8251 – Appointment Line  
458-8322 – Health Education  
458-8387 – Women's Clinic

### ***Student Conflict Resolution Services***

C315 Cain Hall  
<http://studentlife.tamu.edu/scrs>  
847-7272

### ***Student Counseling Services***

Cain Hall  
<http://scs.tamu.edu>  
845-4427  
845-2700 (Helpline) - 24 Hrs.